

Walk to turn **type one** into **typenone**



Every step you take gets us closer to a cure

JDRF exists because we're serious about creating a world without type 1 diabetes. As the leading global organization funding T1D research, we're committed to changing the reality of this disease for the millions of people affected by it every single day.

We won't stop until there is a cure.
Will you please join us?

Visit walk.jdrf.org today to learn how you can step up.

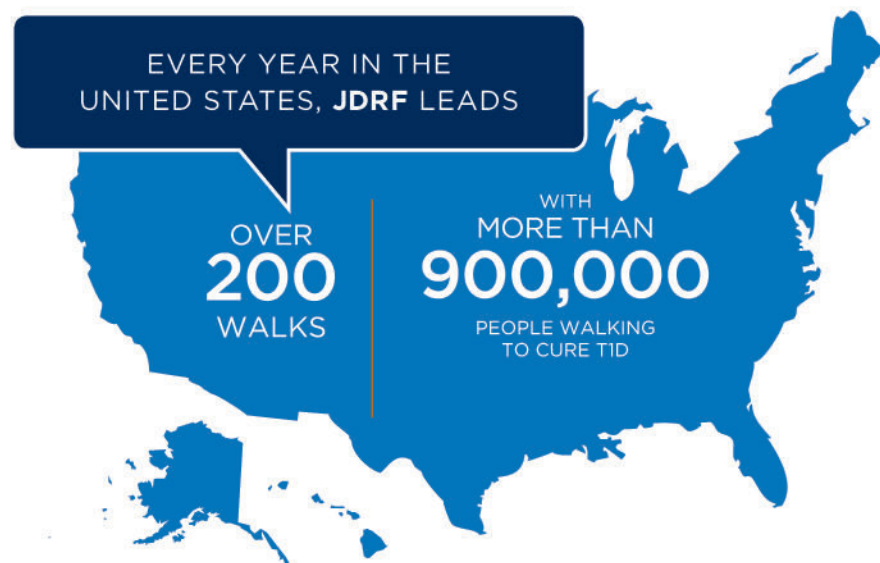
THE MONEY YOU RAISE WILL
HELP CHANGE THE FUTURE FOR
EVERYONE AFFECTED BY T1D.

JDRF/ONE WALK
FOR A WORLD WITHOUT TYPE 1 DIABETES **T1D**

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A fun, family-friendly event to create a world without T1D

Each year, JDRF One Walk® brings together more than 900,000 people across the country to help make living with type 1 diabetes (T1D) safer and easier, until it no longer exists. We created JDRF One Walk so that people like you—and your friends, family and co-workers—can unite to raise money for life-changing T1D research. We walk because we know the toll this disease takes, and we are passionate about finding a cure.



WALKS HAVE RAISED

MORE THAN
\$1 BILLION

FOR T1D RESEARCH SINCE 1992

There is no way to prevent T1D and—currently—there is no cure

Type 1 diabetes is an autoimmune disease in which a person's pancreas stops producing insulin, a hormone people need to get energy from food. It strikes both children and adults suddenly—and is unrelated to diet or lifestyle.

While people with T1D rely on insulin therapy to control their blood sugar, a significant portion of their days are still spent with high or low blood-sugar levels, causing risk for devastating complications such as heart attack, stroke, blindness, kidney disease and amputation.

Since 1992, JDRF One Walk has raised more than \$1 billion to support groundbreaking T1D research. But there is still much more to do. That's why we need your help.

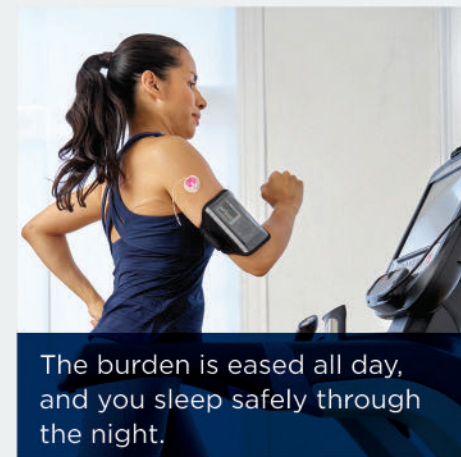
JDRF is committed to accelerating life-changing breakthroughs to

CURE | **PREVENT** | **TREAT**

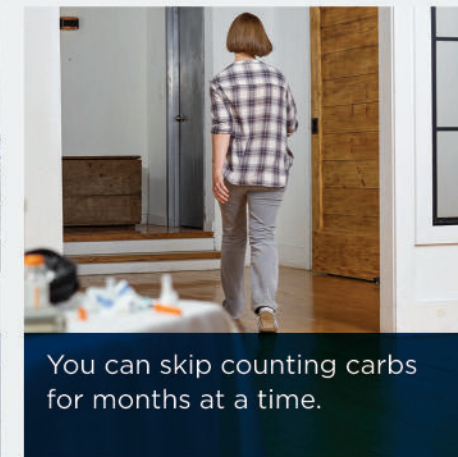
type 1 diabetes and its complications.

We know that living with T1D can feel like a constant balancing act—involving a lot of stress and sleepless nights. That's why JDRF continues to drive scientific progress to deliver new treatments that take the worry out of dealing with this disease. We want to keep everyone with T1D healthier, longer—until a cure is found.

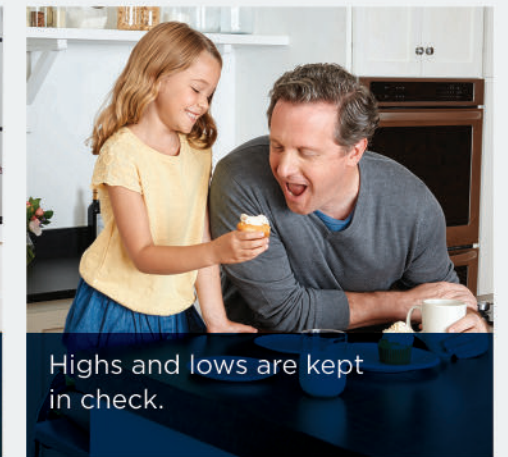
OUR PLAN IS TO CREATE A FUTURE WHERE...



The burden is eased all day, and you sleep safely through the night.



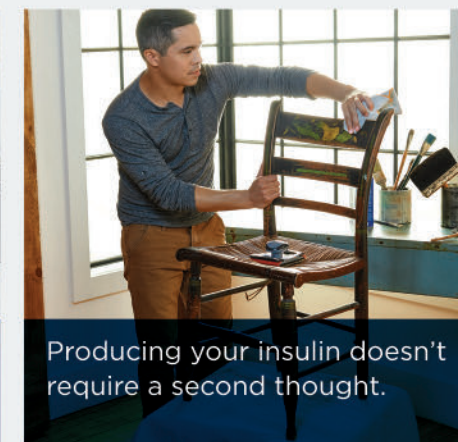
You can skip counting carbs for months at a time.



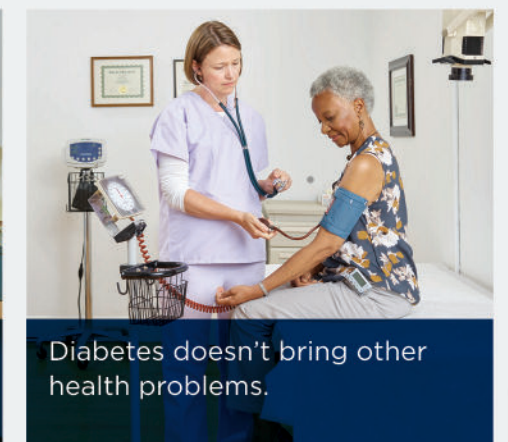
Highs and lows are kept in check.



T1D can be prevented and will never threaten anyone again.



Producing your insulin doesn't require a second thought.



Diabetes doesn't bring other health problems.

DOING THE GREATEST GOOD, FOR
THE LARGEST NUMBER OF PEOPLE,
IN THE SHORTEST PERIOD OF TIME

With your support, we can help ensure that no one else ever has to deal with the many everyday pressures of living with this disease.